Vice President

Russell Shallard

Secretary

Dick Johnstone 50220030

Treasure

Barb Cornell 50257325

Quarter Master

Roger Cornell 50257325

News Letter Editor

Barb Cornell 50257325

Membership Fees

New Members \$30 Existing Members \$25 Subs due July each year

Sunraysia Bushwalkers

May 2012

PO Box 1827 MILDURA 3502 Ph: 03 50257325

Website

www.sunbushwalk.net.au





Our meeting on Wednesday evening will be our AGM

together with an old fashioned slide show of kayaking down the Franklin River, Tasmania by Noel.



Successful grant application:

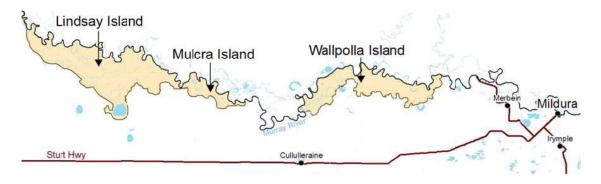
- SPOT & PLB grant received -



Mulcra Island Walk 23rd March 2012



rnell



'Mulcra Island covers about 3000 hectares of the Chowilla Floodplain and Lindsay-Wallpolla Islands Icon Site and lies between Lindsay and Wallpolla Islands.

The Islands are formed by anabranches of the Murray River. All three islands are steeped in cultural history, with Indigenous occupation dating back thousands of years. Traditional owners favoured the islands' reliable food sources of fish, red meats and native vegetables. Surveys have found many scar trees, hearths, campsites, shell middens and burial grounds. Mulcra and Lindsay Islands are also home to some of Victoria's most densely populated burial grounds and cemeteries.'

[Fact sheet Mallee CMA]



I realize that some time has elapsed since this particular walk and it is going to really stretch my memory writing this report.

Our rendez-vous point was under the Centro sign at 8.30 am and what a wonderful role up of participants – approx. 16 in number, all very eager to enjoy the day ahead.

The walk was led by Noel and we all followed him in our vehicles, turning off the Sturt Highway and down towards the Murray just past Lake Cullulleraine. Our cars were left at the gates of the Ned's Corner property owned by the Trust for Nature. We set off along the river bank after a quick look at a sad little grave site in memory of Mrs Ralton and her 2children, aged 2 & 3 yrs, who drowned after the capsizing of their small fishing boat, named the Secret.





It was very interesting to note that with the very large volume of water coming down the river at the moment it had reached the height where it had just begun to flow out into the side gullies. We did wonder whether when on returning we may have a little wading to do!







The weather was wonderful, the company enjoyable and the area walked was most interesting. We came across quite a large area of Darling Lillies and Carnival Lillies all in bloom and we also discovered an Aboriginal canoe tree.



Due to the high water it unfortunately was not possible to achieve our objective of Mulcra Island. None the less it was a most enjoyable walk and interesting to



see how the bush has responded to the increase in rain our area has received over the last year. Here's hoping that perhaps sometime later in the year we will have Mulcra Island again on our walks schedule.

Two of our party had remained behind and on our return to the cars we found the billy on the boil and toasted hot cross buns awaiting us for afternoon tea. Now just how good is that!! "She coped with fear differently too. Where he relished how the sensation of fear in his stomach revealed the margins of his ability and compelled him to pay attention, Gerlinde strove to block out fear with the quiet calm that possessed her when she was absorbed in what she had to do. If she kept herself completely focused on the task at hand, she didn't feel afraid."

A quote from Savage Mountain article in April 2012 National Geographic about climbing K2 by Gerlinde Kaltenbrunner, a successful climber of all 14 peaks over 8000 metres without oxygen.

30 pages of photos and text & well worth the read.

WEBSITE UPDATE

April 2012

Posted 26/4/2012: Meeting Minutes April 2012

(Available members only - Governance page)

Posted 10/4/2012: Mungo Bike Ride info now available for members only

Posted 4/4/2012 : Classic Reports - Bushwalkers Take to the High-seas





PROGRAM SUMMER/AUTUMN 2012

If you intend going on any of these trips please contact the Trip Leader by 8 pm the Thursdays beforehand so that arrangements may be finalized. Unless a minimum of 4 walkers (including the Trip Leader) have registered by Thursday evening walks may have to be cancelled.

Day & Date	Activity	Grade	Trip Leader	Phone No	Comments		
MAY							
Wed 2 nd	адм – Slide Show of 1970's Kayak Trips down Tasmania's Franklin River						
Fri or Sat/Sun 5-6 th	Mungo Loop MTB Ride (Optional Friday depart)	LE	Noel Hayward	5025 7455	Supported overnight ride, camp at Belah Camp (see website)		
JUNE	JUNE						
Wed 6 th	MEETING						
Sat 23 rd	Explore Pooncarie	SE	Dick Johnstone	5022 0030	Explore the river, cemetery & historic Pooncarie Pub		
JULY	JULY						
Wed 5th	MEETING						
Sun 22 nd	Bike Ride Red Cliffs	SE	Michael Jobe	5023 8257	Explore south of Red Clifffs Boat Ramp.		
AUGUST							
Wed 1 st	MEETING						
Sat/Sun 18th/19th	Belated Winter Solstice at Pine Plains Lodge	SE	Noel Hayward	5025 7455	Join us around a big campfire, for a camp oven banquet.		
Sun 26 th	Ride or walk, Abbortsford Bridge	SE	Michael Jobe	5023 8257	Explore west of Abbotsford Bridge		
SEPTEMBI	PTEMBER						
Wed 5 th	MEETING						
Sat 22 nd	Mt Henschke day walk	SM	Noel Hayward		Optional vehicle camp O/N or pack camp beyond Mt Henschke		
OCTOBER							
Wed 3 rd	MEETING						
Sat/Sun 20 th /21 st	Grampians Overnight walk	МН	Roger Cornell	5025 7325	Alternate day walks from Halls Gap		
NOVEMBE	NOVEMBER						
Wed 3 rd	MEETING						
17 th /18th	Murrumbidgee Canoeing	ME	Barb Cornell	5025 7325	Yanga Woolshed to Murray		

ADVANCE WARNING 2013 -14 WALKS.					
April 2013	Waldheim Huts Cradle Mountain. Day or overnight walks around the Cradle to admire the autumn foliage of the Nothofagus Cunnungham	Noel	5025 7455		
April 2014	Himalayan Walk. Everest Base Camp and/or Goyko Lakes	Noel	5023 8257		

WALK GRADINGS

All walks are graded according to 'equivalent distance' and terrain. Equivalent distance is the horizontal distance, plus 1 km for every 100 m climbed. On weekend and extended walks this equivalent distance is likely to be walked each day. All walks are given a two letter grading code. The first letter refers to the equivalent distance;

S =short (8-12 km per day)

 $\mathbf{M} = \text{medium } (12 - 20 \text{ km per day})$

L = long (over 20 km per day)

The second letter refers to the terrain:

E = easy (mainly following some form of marked track typically on flat ground.)

M = medium (mainly on formed tracks, but may include some off-track walking with moderate climbs on or off track.)

- **H** = hard (day or overnight walks which may require long or multiple steep climbs, cross country travel, creek crossings or some rock scrambling.
- R = rough (day or overnight walks in difficult terrain which may include long or steep climbs and considerable off track walking. May include special requirements such as: requirement to carry water, experience in rock scrambling and snow, knowledge of survival techniques, first-aid and navigation skills

ABOUT SUNRAYSIA BUSHWALKERS

The Sunraysia Bushwalkers Club is a member of the Federation of Victorian Walking Clubs. The Club was founded in 1977 and is based in Mildura in the Mallee region of north west Victoria. The Club has approximately 20 members.

Our members come from all walks of life with interests ranging from easy local day walks to longer overnight walks in locations such as Tasmania and the Grampians. Activities include day walks, overnight and extended bushwalks, car based camping with day walks, canoeing, mountain-bike rides and other outdoor pursuits usually focused around campfires and camp oven meals.

Membership: There is no qualifying period or requirements to join the club, just a willingness and enthusiasm to join in and enjoy outdoor pursuits. A fee is charged for membership, currently \$25.00 per annum. Visitors are welcome on Club walks.