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Membership Fees

\$40 Per Person
Subs due July each year

Sunraysia Bushwalkers

June 2013

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Affiliated with:



In this issue:

- ❖ **Cradle Mountain Assent**
- ❖ **2014 Planned Trips by the
Milton Rotary Club of New
Zealand**
- ❖ **Calendar of upcoming events**





**Cradle Mountain Assent
18th - 24th April 2013**



A few Facts: Cradle Mountain rises 934 metres (3,064 ft) above the glacially formed Dove Lake, Lake Wilks, and Crater Lake. The mountain itself is named after its resemblance to a gold mining cradle.

It has four named summits:

In order of height: Cradle Mountain	1,545 mtrs (5,069 ft)
Smithies Peak	1,527 mtrs (5,010 ft)
Weindorfers Tower	1,459 mtrs (4,787 ft)
Little Horn	1,355 mtrs (4,446 ft)

When it was proposed to tackle Cradle Mountain on the 1st day of our week's walking, Verna was heard to ponder the wisdom of such an attempt on the first day. As on a previous trip, when our group undertook to climb Mt Strzelecki on day one on Flinders Island, it took the remaining week to recover! Fortunately not many of our current party heard her. So off we set at 8.30am to climb to Kitchen Hut via the Horse Track around Crater Lake from our base at Waldheim Cabins (950 metres).

It was not long into the walk when I, for one, was thankful to have gloves. Tony, our Meteorological Observer, gave his expert judgement that, with the wind chill factor, the temperature was probably -9°C. This went some way to explaining the ice over the boardwalks that appeared to be at least 1cm thick and very slippery.

By the time we reached Kitchen Hut two of our group had decided that lower walks, out of the wind, beckoned. So the seven remainder set off up Cradle Mountain with the agreement that we would meet back at Kitchen Hut no matter how far we proceeded up the mountain. This allowed for the comfort of all and that no-one would be challenged beyond their ability.

I love rocks and acted as any boy would and enjoyed myself. Having attained the saddle I came across an English woman having a breather and she asked if she could follow the rest of the way up. It transpired that she had only arrived in Australia a day or so before and had over-nighted in the Scott Kilvert Memorial Hut near Lake Rodway and had decided to climb Cradle Mountain that morning. She was not tall and I wondered how she would cope with some of the rocks we had to

get up – my reserve was completely un-necessary as she scaled all before her with ease.



On attaining the summit we were fortunate that the cloud had not come down and were offered excellent views all round. Barn Bluff (1559 metres) is ever present to the south west and also beckoned as a climb whilst in the vicinity. Shortly after Michael joined us and after several obligatory photos it was time to seek some shelter out of the wind. As it was after midday we decided to have our lunch and shared sandwiches with the English lady as she was without provisions. Tony and Russell passed us on the way to the top and while the other two headed

down I waited for them to return to have their lunch.

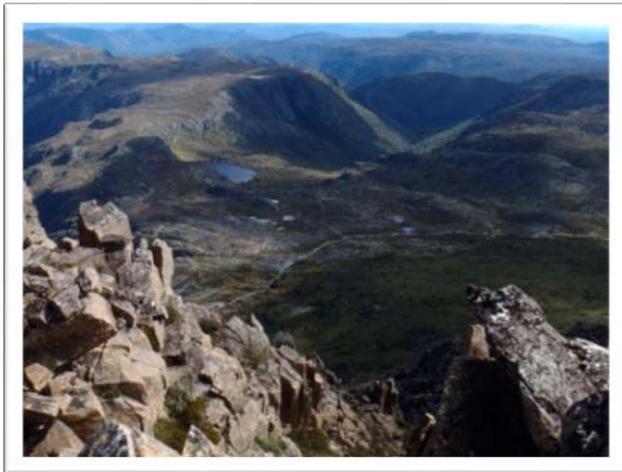


It was great to have some time to observe the east side of Cradle Mountain and a very clear view of the track to the Scott Kilvert Memorial Hut which goes around the back of the mountain and joins up with the Overland Track. I hoped that we would have the opportunity to walk that track during the remainder of our stay but it was not to be. The closest that I got was the Emergency Shelter in the saddle below Little Horn the following day.



Evidence of the snowfall from the previous day was all over the upper part of the mountain and made it necessary to tread carefully as it could hide ice and there was a constant threat of slipping. No place to sprain an ankle or break a leg.

The 2 kilometres from Kitchen Hut to the summit took us a little over 3 hours including our lunch stop.



Wayne took the opportunity to walk the Face Track below Weindorfer's Peak and return whilst we were on the mountain.

We returned to Waldheim via Marion's lookout and the shore of Crater Lake. The climb took its toll on some of us.

Report by Roger



The tracks and trails to be found around the Cradle Mountain area offer many and varied walks for all levels of aspiring mountain goats / bushwalkers.

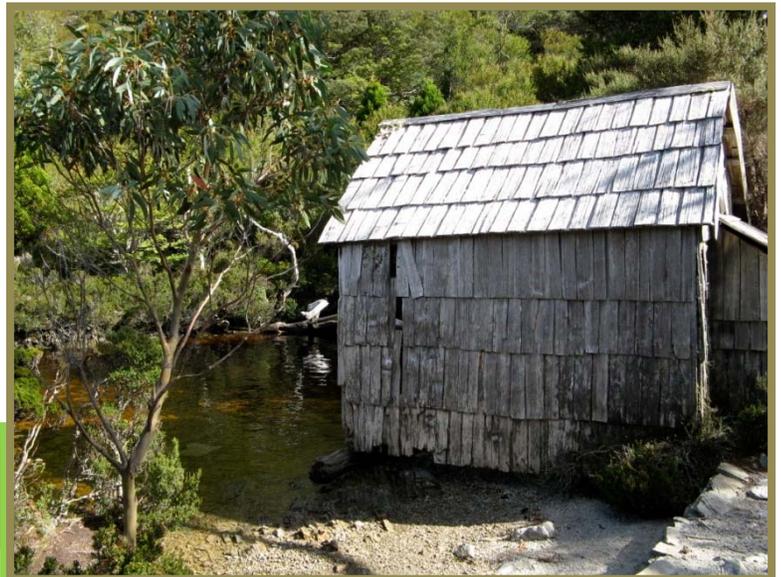
The participants of this particular walk were Russell & Sandra, Tony, Wayne, Barbara Mc, Jenny, Verna, Michael, Barbara C & Roger.

Except for Russell & Sandra the rest of the group flew into Launceston, hired a 12 seater bus and set off for Cradle Mt., arriving mid-afternoon. Launceston was a bit of a miss calculation as to being the closest to Cradle Mt!



Tony, Barb Mc, Jenny, Barb C, Roger, Verna, Michael, Russell, Sandra & Wayne

Nevertheless it was an enjoyable drive through the Tasmanian countryside. Roger, the Leader of this particular walk, was extremely grateful that Russell & Sandra had driven across the day before and were thus able to purchase all our necessary supplies for the week. Organizing a menu for 5 nights for 10 people was no simple exercise; made all the more difficult in that if we ran out of



anything there weren't any shops close by!

Wayne was for putting his name down early to be able to sleep with Verna! I rather think that Verna wasn't too enthusiastic with the thought of sharing a room with Wayne again after once before braving Wayne & his smelly socks on a prior trip! Fortunately this time there were two bunk rooms so the girls had a room to themselves. Russell & Sandra were in a separate bunk house.

After the warmth of the Mildura weather the air had a decided chill to it. The next morning was even chillier. Roger had us out on the ice covered board walk by 8.20am. Gloves were an absolute must wear item until we warmed up which wasn't until lunch time!



Verna & I began to drag the chain on climbing up to the ridge to Cradle Mountain. The others had scampered ahead so we let them go and decided to do things at our own pace. As we climbed higher and close to the top of the ridge the wind chill factor started to take its toll and we decided to descend back down the track rather than continue.

According to Tony, our Club Meteorological Observer, he conservatively estimated that the temperature was about -5°C but with the wind chill factor it was probably -9°C.

Somehow I think going down is as painful as going up! We had quite a way to go down again, meeting up with the track that led to Marion's Lookout (part of the Overland Track). We took this track and once again were on the ascent to Crater Lake, though at a much more leisurely pace. Once at the lake we had an enjoyable time taking photos and inspecting the old boat shed on the shoreline.

We then continued on up to just before the main climb to Marion's Lookout, an extremely steep section, which we both remembered quite vividly, when we were once a bit younger carrying large packs and trekking the Overland Track. We decided it was a good spot for lunch. After lunch we descended to Wombat Pool, Lake Lilla and then back to Waldheim Huts.

The rest of the stay at Waldheim has already been covered so will not bore you with anything further other than to say that once again the Sunraysia Bushwalkers have managed to conduct a wonderful weekend away together with great company.

Report by Barb



Rules of Association –REVIEW

A link to [Draft of Proposed Rules](#) is below and is in pdf format for comment. It is worth also looking at the [Pro-forma Simplified Model Rules](#) which also have explanations of some of the changes.

Your attention is drawn to rules 10 and 23 which alter the way that we have done some things in the past. Rule 10 allows for pro-rata membership fees for persons joining us whereas currently we require full fee payment up to 31st December and anyone joining between then and 31st March has been treated as financial for the following year. The change would require a pro-rata fee, say, \$10 per quarter or part thereof for the rest of the year – keeping in mind that membership fees fall due 1st July.

Rule 23 would require a ballot for elections of committee.

Rule 25 has been altered to conform with our practice of electing office bearers at the AGM compared with the suggested rule that has members elect the Committee and the Committee then sort out who does what at a subsequent meeting. I am suggesting this change as all members are present at committee meetings and are able to vote so the sorting out seems appropriate for the AGM.

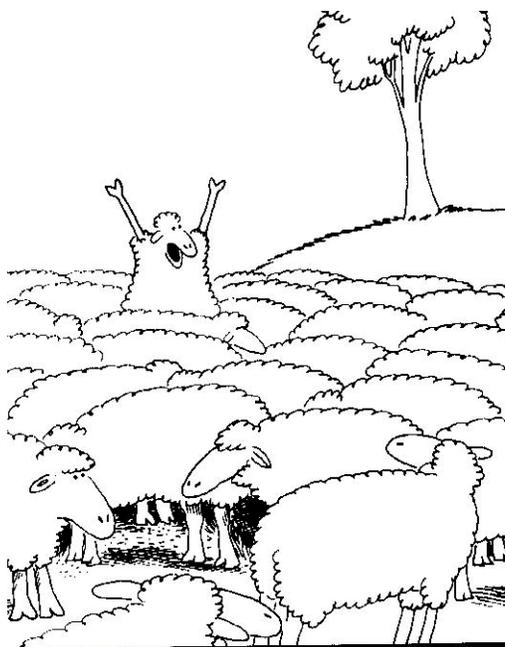
For more reading you are directed to the [Pilch website](#) which is there to help organisations such as ours.

<http://www.pilch.org.au/simplerules/>

<http://www.sunbushwalk.net.au/component/attachments/download/82.html>

<http://www.sunbushwalk.net.au/component/attachments/download/83.html>

So with apology to Gary Larsen have a read and make comments on your Club's constitution.



“Wait! Wait! Listen to me! ...
We don't *have* to be just sheep!”

In the 'Members' section (requires you to login) under the heading "Governance" you will find our objectives which are now to be included in our rules rather than as a separate document.

Also in the 'Members' section I have included a list of financial members as at 31st March 2013.

If you cannot access the 'Members' section if you have not registered onto the site and are having problems send me an email through the "Contact Us" area and I shall arrange access for you.

Roger
Secretary



A Special message to members of Australian Bushwalking Clubs

Places are now available on our many trips, planned in the majestic areas of Southern New Zealand, in the 2014 season. Last year, we emailed a number of Aussie Bushwalking Clubs, and some 50 Australians came on our trips. We find that our trips are eminently suited to your members, as most of you are “outdoor” people. Many participants return year after year to participate in other trips, hence the need for “new trips”. We are a Charities Commission Registered Club and all trips are run by unpaid volunteers. Leadership is “low key”, and most of our trips are “independent” walks, as distinct from the “up market” commercially guided tramps.

we have now completed our 27th season, and in that time almost 17,000 people, mostly adults of all ages, have participated and shared in the fun of our low cost adventures.

YOU WILL NOTICE A CHANGE IN OUR BOOKING PROCEDURES THIS YEAR, AS NOW ALL OUR BOOKINGS AND PAYMENTS WILL BE MADE “ON LINE”.

THE OTAGO YOUTH ADVENTURE TRUST ROTARY CLUB OF MILTON TRAMPING CLUB INC

TRIPS PLANNED FOR 2014

Cycle the Otago Central Rail Trail (x2)	Milford Track (x4)
Tuatapere Hump Ridge Track (x1)	Kepler Track (x1)
Routeburn/Greenstone Track (x3)	Borland Lodge (x1)
Catlins – Tautuku Camp (x1)	Aspiring – Tititea Lodge (x3)
Rakiura Track (Stewart Island) (x4)	

NEW TRIPS: Alps2Ocean Cycle Trail (Mt Cook to Omarama (x3)
Routeburn/Milford Combined(x1)

On all our trips our bus will pick you up, and return you to Dunedin, (or other places, if on the bus route). Food and accommodation is provided while on the trip.

We are a legal tramping club, not a commercial operator, and are required (by law) to run our trips on a "cost recovery" basis only. Consequently our unpaid volunteer leaders and organisers can offer you a low-priced adventure. However, you do need to become a member of our Tramping Club (\$50), in the season of your trip, and we do suggest a voluntary donation, so we can return some funds to the two very worthwhile Charitable Trusts that are the parent bodies of our Club.

For further information about any trip visit our web site, or contact the specific person listed on our web site.

Many of our trips fill up rapidly, and it is always a case of “first in-first served”.

Regards, The Team from OYAT/Milton Rotary Club Tramping Club Inc

All trip and booking details can be found on our web site

www.otagorotarytrusttramps.org.nz



PLANNED WALKS FOR 2013

If you intend going on any of these trips please contact the Trip Leader by 8 pm the Thursdays beforehand so that arrangements may be finalized. Unless a minimum of 4 walkers (including the Trip Leader) have registered by Thursday evening walks may have to be cancelled.

2013	Activity	Grade	Contact
5th June	Meeting		
7-10 June	Major Mitchell Grampians walk in the absence of a repeat of the Wild Dog Walk on the Queen's Birthday weekend.	MM	Dick 50220300
June 15th	AGM Bushwalking Victoria		
June/July	Ned's Corner Shearer's Quarters for the Winter Dinner	SE	Dick 50220300
September	Sunset Country Walk	SE	Dick 50220300
13 th October	Federation Weekend - Myrinong, near Bachus Marsh 20 – 25 Walks on offer		SBW Web site
October	Great South West Walk 250 klms or sections thereof	MM	Roge 50257325 0488121648r
November	Bike Tour & Ramble – Tasmania 6 Days Devonport to Penguin & Ride in Deloraine area		Michael 04005749988

All walks are given a **two letter grading code**

<p>The first letter refers to the distance S - short (8-12 klms a day) M - medium (12-20 klms a day) L - long (20 plus klms a day)</p>	<p>The second letter refers to the terrain E - easy (mainly following form of marked track typically on flat ground) M - medium (mainly on formed tracks but may include some off-track walking with moderate climbs on or off track) H - hard (day or overnight walks which may require long or multiple steep climbs, cross country travel, creek crossings &/or some rock scrambling) R - rough (day or overnight walks in difficult terrain which may include long &/or steep climbs and considerable off track walking. May include special requirements such as requirement to carry extra water, experience in rock scrambling &/or snow, knowledge of survival)</p>
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Next Meeting
Wednesday 5th June at 8.00 pm
at Drysdale's
2164 Fifteenth Street,
Irymple